

# Brain Gym

Sharpen your thinking skills with fun brain workouts, puzzles, and activities to boost memory and focus! Enroll now.



## Grade: 2nd, 3rd, 4th



<b>Day 1</b>	Mind Mapping
<b>Day 2</b>	Physical Brain Gym
<b>Day 3</b>	Memory Techniques
<b>Day 4</b>	Logic & Reasoning Puzzles
<b>Day 5</b>	Focus & Concentration Games
<b>Day 6</b>	Story Retelling Challenges
<b>Day 7</b>	Observation Training
<b>Day 8</b>	Problem-Solving Tasks
<b>Day 9</b>	Fun Brain Teasers
<b>Day 10</b>	Confidence & Public Speaking

\*Content subject to change as per feedback



## Grade: 5th, 6th, 7th

<b>Day 1</b>	Speed Reading & Retention Skills
<b>Day 2</b>	Mindfulness & Meditation
<b>Day 3</b>	Cognitive Challenges & Brain Games
<b>Day 4</b>	Boosting Emotional Intelligence
<b>Day 5</b>	Lateral Thinking Exercises
<b>Day 6</b>	Geography & Memory Boosters
<b>Day 7</b>	Mental Math & Number Tricks
<b>Day 8</b>	Time Management Skills
<b>Day 9</b>	Escape Room & Puzzle Challenges
<b>Day 10</b>	Confidence & Public Speaking

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